

# 預防肺炎及 呼吸道傳染病

Prevention of  
Pneumonia and Respiratory Tract Infection



經常保持  
雙手清潔

Always keep  
hands clean



先蓋廁板再沖廁

Put the lid down  
before flushing



定期  
注水入  
U型隔氣

Add water to  
the U-traps regularly



打噴嚏或咳嗽時  
用紙巾掩蓋口鼻

Cover your mouth  
and nose with tissue  
paper when  
sneezing or  
coughing



如出現病徵，  
應立即戴上口罩  
及看醫生

Wear a mask and  
seek medical advice  
promptly if unwell



口罩要完全覆蓋  
口、鼻和下巴

Fully cover your nose,  
mouth and chin  
with mask



更多防疫資訊 For more information on tackling the disease:



衛生防護中心  
Centre for Health Protection

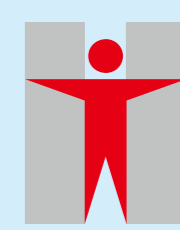


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